



COLOR



COLOR is a sensuous game intended for days when life seems grey and dull. The adventurer is invited to set aside some time for this reflection on concepts such as "sensuality", "curiosity" and "wonder." Be prepared for unusual insights and report your experiences in a diary.

1. Begin the adventure by imagining, as clearly as possible, a life in greyscale. You, and everyone you know, are born without the capacity to see colors and the whole world is dull and difficult to distinguish. Without colors it is difficult to see contours which makes stereoscopic vision equally difficult. Go out for a walk and make an effort to "think away" all colors. What does this do to your experience of the world? File a report in your diary.

2. One day you wake up and become aware that something is different. On your walk in the greyscale world you suddenly see the color **RED**. You don't understand what you're looking at - you've never seen color before. Wherever you look you become acutely aware of all the red objects. Make an effort to experience the color as for the first time in your life. How can you describe it to someone else? Write in your journal!

3. Perform the same experiment with the rest of the colors: **RED, ORANGE, YELLOW, GREEN, BLUE, INDIGO, VIOLET**. Dedicate a walk for each of the colors. Analyse and log your experience in the diary so that a hypothetical color blind person could understand.

4. Now, take another walk into the greyscale world. After half your walk the filters fall away from your eyes and you see all the colors of the world. What is this sudden shift in perception like for you? Analyse and record your reaction to this colourful experience.

5. Now head out on one last walk. Imagine that you are able to see a spectrum of other-worldly colors that you have never experienced before. They are completely different from the **RED, ORANGE, YELLOW, GREEN, BLUE, INDIGO, VIOLET** that your eye can normally see. Are you able to imagine any alien colors? Analyse your reaction: was it easy, difficult, impossible? Record to the best of your ability in the diary.